

CAMP GRAY PACKING LIST

This list serves as a guide to help you prepare for your week at camp. Happy Packing!
Pack casual and comfortable clothing. It is helpful to label all of your camper's belongings.
Camp Gray assumes no responsibility for lost or left-behind items. Unclaimed lost and found items are kept at camp for one week, after which they are donated to a charity.

Please note that campers are encouraged to dress modestly, and expected to dress appropriately. As such, we ask that campers wear one-piece swimsuits, and discourage campers from wearing clothing which is overly-revealing (such as short shorts, spaghetti-strings or bare midriffs). Shorts should have at least a 3-inch inseam. Campers will be asked to not wear any clothing which displays or promotes a message which is inappropriate for their age (incl. alcohol) or in conflict with Christian values.

The following is a suggested list of clothing and items to bring:

- T-shirts (red and blue for the Cassidy Games!)
- Shorts
- Optional white shirt for tie-dyeing
- Light jacket
- Underwear/socks (5-6 pairs)
- Gym shoes (required for most camp activities)
- Fleece/sweatshirt
- Pajamas
- Rain coat
- Sunhat/cap
- Water shoes/sandals
- Swim suit (one-piece)
- Swim towel
- Swim goggles (optional)
- Laundry bag/plastic bag
- Water bottle
- Camera (optional)
- Camp cross (returning campers gr. 7 and up)

Personal Care Items

- Toiletries (soap/wash cloth, toothbrush/paste, shampoo, hair brush, deodorant, lotion, lip balm)
- Bath towel
- Sunscreen (SPF 15 plus/waterproof)
- Mosquito repellent
- Medications (**must be in original containers**)

Sleeping Gear

- Sleeping bag or bed linen
- Pillow
- Fitted sheet (to cover the plastic mattress cover)
- Flashlight
- Books to read at rest time/journal
- Stationery/stamps
- Pen/pencil

The following is a list of items that should not be brought to camp:

- Cell phones and texting devices**
- iPods and other electronics
- Pets/animals
- Hair Dryers & Curling Irons
- Personal Sports Equipment
- Alcohol, Tobacco, E-Cigarettes/Vape Pens, Illegal Drugs
- Firearms/Slingshots
- Fireworks
- Knives
- Matches/Lighter
- Snack Foods

** Why no cell phones at camp? Aside from the fact that cell phones are expensive and can get misplaced or damaged in the active, outdoor environment of camp, we have two fundamental concerns in this area. First of all, we feel that the camp experience is most powerful when campers can “retreat” from their normal cares, concerns, and routines, and the “instant” communication provided by cell phones makes it difficult to do this. Secondly, this “instant” communication with home can prevent the camp staff from quickly addressing problems that may arise with your child. As children learn to trust other caring adults, they grow and learn to solve some of their own challenges. This emerging independence is a great benefit of the camp experience! To this end, we agree to contact you if your child is experiencing a challenge to their adjustment to camp. You can help by talking with your child before they leave for camp, and telling them that there is always someone they can reach out to, including any staff member.